

Who am I?

My name is Cameron and I am in Grade 7. I enjoy playing sports, watching sports, listening to music, walking or hiking. I'm good at Baseball

Click here to read why I like these things

The 3 things I like to do are playing baseball and soccer in the winter and skiing in the summer. I also like to travel to interesting places like Mexico and Europe. I like the sports to keep me active as it's hard to sit still sometimes. I also like to take pictures when I travel so I guess I like photography as well. Those are the things I like best.

What are my academic preferences?

- English / Language Arts, History, Art, Music

The subjects I enjoy the least are

- Math, Science, Technology

I understand information better by

- watching a video or presentation

I prefer to demonstrate my understanding

- with tests that include multiple choice and short answers
- by making something with my hands
- in person in front of a small group of classmates
- one on one discussion with my teachers

What are my areas for academic growth? Academic skills that are challenging for me are,

MATH OPERATIONS

Click here for details of math

1. PERCENTAGES: use mental to calculate percents of whole numbers, including 1%, 5%, 10%, 15%, 25%, and 50%
2. FRACTIONS: add and subtract fractions with like and unlike denominators, using appropriate tools, in various contexts
3. DECIMALS: solve problems involving the division of three-digit whole numbers by decimal tenths expressing remainders as appropriate

READING COMPREHENSION

Click here for details of reading

1. FACTS AND DETAILS: find supporting details in various texts
2. SEQUENCING: analyze various texts by sequencing the events of multiple plots
3. INFERENCE: use explicit and implicit evidence, to extend understanding of various texts
4. VOCABULARY: demonstrate an understanding of a variety of words, and use morphological knowledge to analyze and understand new words in context
5. MAIN IDEA: summarize the main idea of a text and draw a well-supported conclusion

What motivates me?

I am MOTIVATED EXTRINSICALLY to learn

This means that I may be learning or doing school work to get praise or some kind of reward like higher grades or a gift.

How do I learn best? The ways I am smart are,

- PICTURE SMART so I may learn best with images, charts, and videos.
- PEOPLE SMART so I may be good at understanding and getting along with people.
- BODILY-KINESTHETIC ways so I may have good hand-eye co-ordination, balance and speed with body.

What helps me learn? Learning was easier for me when

- I used physical tools to stay focused (ie. fidget toys, chairs)
- I had extra time to complete tests and assignments or took tests over several days

What are my learning strengths? My strongest learning skills are,

- SUSTAINED ATTENTION which means that I may have the ability to stay focused and attentive for a long period of time.
- ORGANIZATION which means that I may prefer to keep things in order or tidy
- RESPONSE INHIBITION which means I may be able to think before I act
- LEADERSHIP which means that I may enjoy being a leaders in group activities.
- PHYSICAL which means that it may be easier for me to learn when I am able to be more active.
- CREATIVE which means that it may be easier for me to learn through creative methods like art or music
- VISUAL MEMORY which means I may be able to easily remember things that I have visually seen.

What are my learning opportunities? Learning skills most challenging for me are,

- WORKING MEMORY which means it may be difficult for me to remember information I recently recalled.
- EMOTIONAL CONTROL which means the part of the brain which controls my emotions may not be fully developed
- AUDITORY MEMORY which means it might be difficult for me to process information that I hear orally, remember it and recall it.

What are my goals?

I would like to become more focused OR less anxious in school by taking notes while listening in class.

The strategy I will use is, MANIPULATIVES: Use concrete materials, images and representational models to solve math problems or understand complex concepts

I would like to work on this once a week and complete it by April 30, 2024.

Strategies that may help me and my classmates. Select the strategies that may work best for you,

1. **NOISE CANCELING HEADPHONES:** Wear noise canceling headphones to minimize distractions and block out classroom noise.
2. **INTERACTIVE LEARNING ENVIRONMENTS:** Request the option to interact in small groups, move around and try different ways of learning.
3. **RELAXATION:** Engage in calming, relaxation techniques when transitioning between classes.
4. **BREAK CARDS:** Request breaks as needed using break cards as an alternate means of communication.
5. **FIDGET ITEMS:** Use fidget items to help with focussing and listening to the teacher.
6. **INQUIRY BASED LEARNING:** Ask questions on subjects of interest to gain a deeper knowledge of the topic.
7. **VISUAL STORIES:** Create visual stories through a chain of images or items that need to be remembered.
8. **SELECTIVE SEATING:** Sit in a specific area of the class to minimize distractions and build relationships with a variety of students.
9. **ALTERNATIVE ASSIGNMENT FORMATS:** Have the option of creating a visual or audio file in place of a written assignment or writing instead of a presentation.
10. **PAIR-SHARE:** Share thoughts with one other classmate before expressing thoughts in a full class discussion.